Blueberry Pie

By Bev on April 08, 2002



Prep Time: 15 mins Total Time: 50 mins Serves: 8, Yield: 1 pie

ABOUT THIS RECIPE

"I love the taste of mouth watering Fresh Blueberry Pie! Yum! This blueberry pie is probably the best I have ever tasted. I hope you will enjoy it, too! I do not use the refrigerated pie crust when making this pie, I use Classic Pie Crust, Idiot Proof Step-By-Step Photo Tutorial. A NOTE to those who have made this pie before, I have increased the amount of flour in the ingredients list from 1/3 cup to 1/2 cup."



Photo by May I Have That Recipe

INGREDIENTS

- 5 cups fresh blueberries
- 1 tablespoon lemon juice
- 1 (15 ounce) packages refrigerated pie crusts
- 1 cup sugar
- 1/2 cup all-purpose flour
- 1/8 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 2 tablespoons butter or 2 tablespoons margarine
- 1 large egg, lightly beaten
- 1 teaspoon sugar

DIRECTIONS

- **1.**SPRINKLE berries with lemon juice; set aside.
- **2.**FIT half of pastry in a 9-inch pieplate according to package directions.
- **3.**COMBINE 1 cup sugar and next 3 ingredients; add to berries, stirring well.
- **4.**Pour into pastry shell, and dot with butter.
- **5.**UNFOLD remaining pastry on a lightly floured surface; roll gently with rolling pin to remove creases in pastry.
- 6. Place pastry over filling; seal and crimp edges.
- 7. Cut slits in top of crust to allow steam to escape.
- **8.**Brush top of pastry with beaten egg, and sprinkle with 1 teaspoon sugar BAKE at 400° for 35 minutes or until golden.
- **9.**Cover edges with aluminum foil to prevent overbrowning, if necessary.
- 10. Serve with vanilla ice cream, if desired.

Blueberry Pie (cont.)

NUTRITION FACTS		Amount Per Serving	% Daily Value
Serving Size: 1 (190 g)		Total Fat 19.0g	29%
Servings Per Recipe: 8		Saturated Fat 6.9g	34%
Amount Per Serving	% Daily Value	Cholesterol 30.8mg	10%
Calories 485.2 Calories from Fat 171		Sugars 37.0 g	
	35%	Sodium 320.1mg	13%
		Total Carbohydrate 75.0g	25%
		Dietary Fiber 4.2g	17%
		Sugars 37.0 g	148%
		Protein 5.7g	11%

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